

Jikishin Ju Jitsu Association - Risk Assessment Form – Covid-19 Addendum

The Association Arrangements:

The Instructor is responsible for the Health & Safety of all who attend the class, including spectators, parents and the general public.

This document is a first draft, and is subject to revision in accordance with Government guidelines and the scientific evidence - as and when this is updated and as this changes with the latest research.

The arrangements provide for:

- Covid-19 Protocols
- Training Area – Cleaning and Social Distancing
- Signage
- Handling of Training Equipment and Weapons
- Common Areas

This Risk Assessment meets the **minimum standards** of the Jikishin Ju Jitsu Association Health and Safety Manager, and Association Head.

Risk Assessments

Risk assessments are carried out by Facility Co-coordinators, and the Jikishin Ju Jitsu Association Instructor in charge.

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Risk Assessment

Club: :
 Risk Assessment completed by :
 Position in Club :
 Signature :
 Date :

Stage 1: Identification of hazard, risk evaluation and approximate priority allocation

Area/activities assessed

Hazards identified	People at risk	Worst outcome	Likely Frequency
Risk of infection by Covid-19.	Instructors, Coaches & Assistants. Students. Vulnerable groups: Adults over 45 years old - particularly males. Those with existing underlying health conditions. Anyone else who physically comes in contact with the play	Severe illness leading to life changing Death	Unknown. Full care must be taken to ensure that the likelihood of infection is reduced as far as is possible.

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	equipment and/or gym equipment.		
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COVID-19 RISK ASSESSMENT CHECKLIST

Special Needs/Medical Considerations Lesson Organisation

Lesson Organisation must include the following in order to minimise the risk of infection:

- Students temperature must be checked on arrival to ensure they have no fever
- Students must confirm that they have none of the common symptoms of infection
- Knowledge of medical background of each student and any particular vulnerabilities
- Knowledge of the age of each student and how age might affect the risk
- Acknowledgement to class that the risk is present, even with all of the protocols in place
- Adequate signage reminding students to maintain minimum 2 metres distance from every other person indoors
- Ensure all students have thoroughly washed their hands – in accordance with the government advice - or used an approved hand sanitiser before entry to the training area
- Ensure floor, benches and all surfaces that may have been contaminated are disinfected
- Ensure that all equipment which may be handled by students is disinfected prior use
- Ensure that students do not share equipment
- Ensure that hand sanitiser is available to all in the training area

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- Ensure masks are available for those who do not possess one
- Masks are worn throughout the training session (worn over both nose and mouth)
- Student attend in their training uniform and leave in the same manner (avoiding changing rooms)
- All protocols must be repeated by students every time they leave the training area and particularly if they visit the toilet
- Ensure that the toilets and Common Areas are being cleaned and disinfected by the facility
- Consider using a booking system to control student numbers
- Consider a one-way system for moving around the training area in order to maintain social distance – if utilised it must be clearly marked and usage explained at the start of each session
- Every student must take any refuse away at the completion of the training session
- No refuse may be left behind, and students should be warned that any items - whether refuse or not - left in the training area may be disposed of
- Remind all to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it
- Avoid touching face, eyes, nose or mouth with unclean hands, if mask is adjusted for instance
- Instructors must avoid all physical contact with students
- Non Fire Doors may remain open to allow for air circulation
- Cash handling should be avoided
- Monitoring the situation must be carried out continuously
- Any person who is showing symptoms of Covid-19 shall not be allowed to train
- Any person who is unwilling, unable or is ignoring the protocols to follow the above shall not be allowed to train
- Recommend all students bring drinks with them in order to remain hydrated and avoid water fountains

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All Instructors running a class must be familiar with the latest Covid-19 Government advice, available from the Health & Safety Executive:

<https://www.gov.uk/coronavirus>

Please check the Government advice before every training session to ensure that the risk of infection is properly managed.

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	CLEANED	DISINFECTED	COMMENT / ACTION
Training Areas			
Condition			
Mats			
Shared Equipment			
Benches / Seats			
Common Areas			
Equipment Room Floor			
Equipment Room Cupboards and Storage Areas			
Doors; Handles and Push Plates			
Light switches and other high tactile usage areas			
Other areas required that are specific to the Training Location			